



Exciting news for Flying Fish Seafoods

We are proud to say we are now delivering in to London three nights a week to some of the best Restaurants in the country. So any of you out there looking for a fantastic quality driven fish supplier give us a call on 01726 862876 and ask for Johnny Joedy or Kate.

Also we have been asked by the Staff Canteen, the professional chef's favourite web site, to do a monthly write up about what is hot and what is not in the fish world. This is a great opportunity for us to reach a wider audience, and for you to read about what is coming in to season, therefore helping you to plan and write your menus.

Keep an eye out for us at www.staffcanteen.com If you're not a member then join. It's free, informative, funny and helpful.

We have some absolutely lovely autumnal fish coming through at the minute; day boat hand-line Cod, beautiful winter Gurnards, inshore Pollock, Looe landed Monkfish Tails and the very freshest Skate wings to name a few!

Christmas is around the corner so, if you haven't already, plan your menus wisely and to avoid disappointment pre order your fish now.